

Kick London Annual Values

<p>September</p>	<p>Value: Aspiration – <i>A hope or ambition to achieve something.</i></p> <ul style="list-style-type: none"> • Week 1 - Challenging yourself. Only you can find out what you are capable of achieving. • Week 2 - Setting goals will give your actions purpose. • Week 3 - Being determined to achieve your goal will win you half of the battle. • Week 4 – Aiming high and sharing your dream with others along the journey. It will help you develop. <p>Opposite to the Value: <i>To not reach your potential or to not test yourself.</i></p>
<p>October</p>	<p>Value: Thankfulness - <i>The quality of being grateful; showing appreciation & compassion.</i></p> <ul style="list-style-type: none"> • Week 1 - Being thankful! Talent is God given. • Week 2 - Encouraging and appreciating your teammates. • Week 3 - Showing respect by being kind, helping & appreciating others. • Week 4 - Being humble in victory and gracious in defeat. <p>Opposite to the Value: <i>To become arrogant and not appreciate the efforts made by others.</i></p>
<p>November</p>	<p>Value: Diligence – <i>Concentrating your attention with excellence towards a goal.</i></p> <ul style="list-style-type: none"> • Week 1 - Avoiding distraction and focusing on the task at hand. • Week 2 - Setting goals in stages and not giving up. • Week 3 - Paying particular attention to the task and taking time to review progress. • Week 4 - Consistently take small steps towards your goal. <p>Opposite to the Value: <i>Being distracted and losing sight of the overall goal.</i></p>
<p>December</p>	<p>Value: Responsibility – <i>Being accountable for your actions.</i></p> <ul style="list-style-type: none"> • Week 1 - Accepting responsibility and not blaming others. • Week 2 - No Excuses. They are barriers between you and your progress. • Week 3 - Demonstrating that you can achieve anything if you decide to do all that it takes. • Week 4 - Supporting others with our strengths. <p>Opposite to the Value: <i>Not taking responsibility and making excuses.</i></p>
<p>January</p>	<p>Value: Perseverance – <i>Repeating an action in order to improve.</i></p> <ul style="list-style-type: none"> • Week 1 - Practice makes permanent. Good practice makes perfect! • Week 2 - Learning from mistakes. Mistakes help you learn what to do differently next time. • Week 3 - Accepting that things will not always be easy, but with practice they become easier. • Week 4 - Reaching your goal. Success is a wonderful thing and it WILL come with practice. <p>Opposite to the Value: <i>Not practicing and hoping to achieve rather than putting in the required effort.</i></p>
<p>February</p>	<p>Value: Respect – <i>Treating others as you would like to be treated.</i></p> <ul style="list-style-type: none"> • Week 1 - Thinking of a positive way of treating or thinking about someone. • Week 2 - Showing respect to everyone: teachers, coaches, parents and peers. • Week 3 - Appreciating that everyone has different skills and talents. • Week 4 - Setting an example. Respect decisions even if they don't go your way. <p>Opposite to the Value: <i>Not treating others how they should be treated.</i></p>

<p>March</p>	<p>Value: Integrity - The quality of being honest and having strong moral principles.</p> <ul style="list-style-type: none"> • Week 1 - Consistently remaining the same positive person wherever you may be. • Week 2 - Putting others and their needs before your own. • Week 3 - Being trustworthy and truthful. • Week 4 - Accept responsibility for our mistakes and learning from these. <p>Opposite to the Value: <i>Being dishonest and not having strong moral principles.</i></p>
<p>April</p>	<p>Value: Faithfulness – A commitment to someone or something.</p> <ul style="list-style-type: none"> • Week 1 - Sticking with something in the face of trouble and adversity. • Week 2 - Encouraging each other. Unity of a team is extremely important! • Week 3 - Working together to achieve a shared goal, being loyal. • Week 4 - Remaining positive. Successful teams never give up when they are not winning. <p>Opposite to the Value: <i>A lack of commitment to someone or something.</i></p>
<p>May</p>	<p>Value: Forgiveness – The action or process of forgiving or being forgiven.</p> <ul style="list-style-type: none"> • Week 1 - Assessing the different options available. • Week 2 - Considering the consequences of your actions and choices. • Week 3 - Learning from previous decisions that you've made. • Week 4 - Making decisions that allow you to achieve your goal. <p>Opposite to the Value: <i>Making mistakes or having negative feelings by selecting the wrong option.</i></p>
<p>June</p>	<p>Value: Hope – Never giving up even when things don't go your way.</p> <ul style="list-style-type: none"> • Week 1 - Never giving up even if things do not go your way. • Week 2 - Keeping a positive attitude which is a key to success. • Week 3 - Learning from mistakes and being determined to come back stronger. • Week 4 - Showing resilience. Success requires hard work and determination. <p>Opposite to the Value: <i>Giving up when something doesn't go your way.</i></p>
<p>July</p>	<p>Value: Patience – Being able to accept delay without getting anxious or frustrated.</p> <ul style="list-style-type: none"> • Week 1 - Seeing the bigger picture; the long-term goal. • Week 2 - Accepting that progress takes time and showing commitment to your goal. • Week 3 - Enduring less successful times without giving. • Week 4 - Showing tolerance to situations that are not desirable. <p>Opposite to the Value: <i>Rushing your work in order to see instant success.</i></p>
<p>August</p>	<p>Value: Joy – Meeting an aim or target with effort, skill and courage.</p> <ul style="list-style-type: none"> • Week 1 - Celebrating in each other's success. • Week 2 – Understanding achievement is about making progress, which is different for everyone. • Week 3 - Showing commitment and determination to achieve your goals. • Week 4 - Challenging yourself! Once you achieve your goal, work towards achieving another. <p>Opposite to the Value: <i>Ignoring the success of others and being complacent.</i></p>