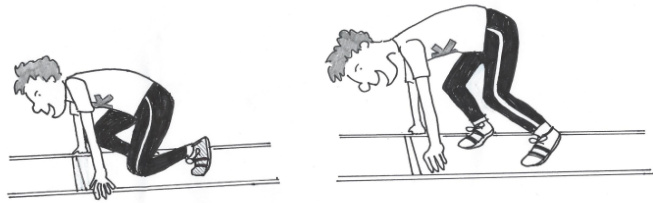
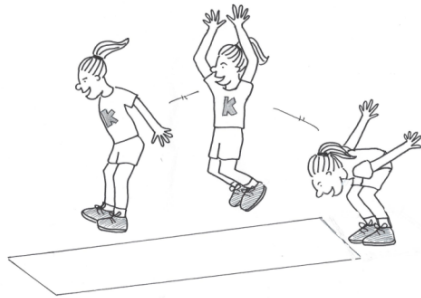


# My Athletics Skills KS1

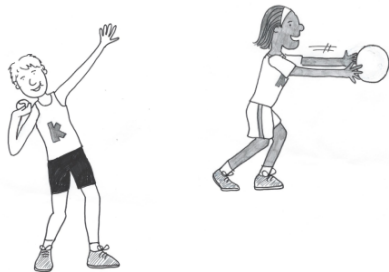
Name .....



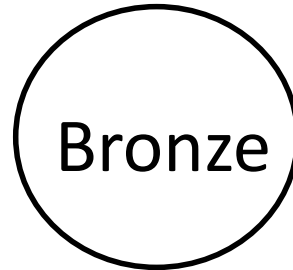
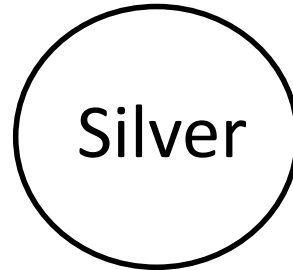
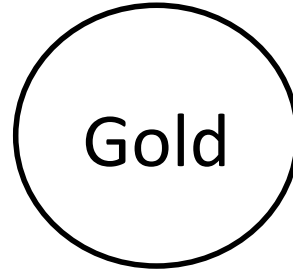
Sprint Starts



Long jump



Throwing



Relay Races



Triple jump

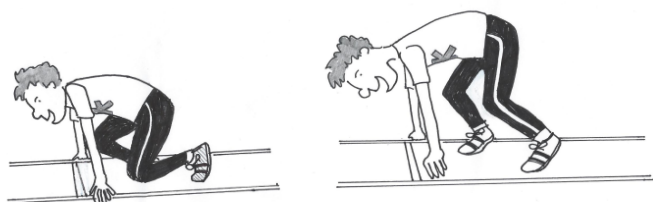


Javelin

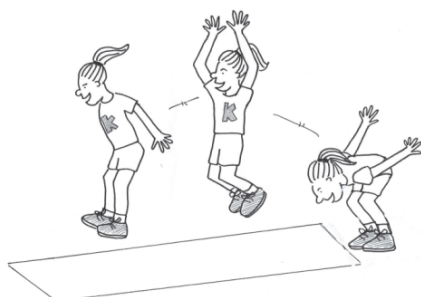
Imagine these circles are medals. Draw a line from the **Gold Medal** to the skill that you have done the best in, this half term. Draw a line from the **Silver Medal** to the skill that you have improved the most in, this half term. Draw a line from the **Bronze Medal** to the skill that you have found the most difficult this half term.

# My Athletics Skills KS2

Name .....



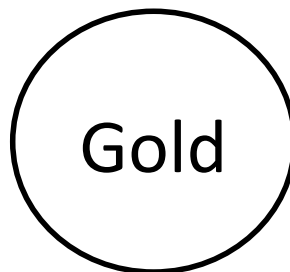
Sprint Starts



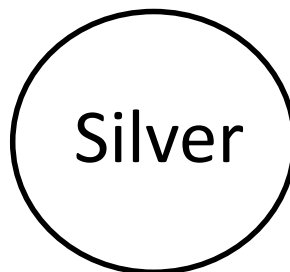
Long jump



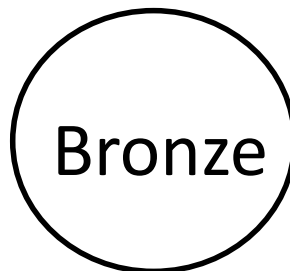
Throwing



Gold



Silver



Bronze

Relay Races



Triple jump



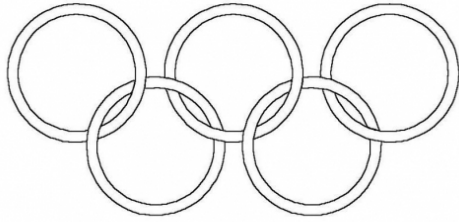
Javelin

1) Imagine these circles are medals. Draw a line from each medal to the skill that represents your top 3 athletic performances.

2) Put a circle around the skill in which you have made the most improvement this half term.

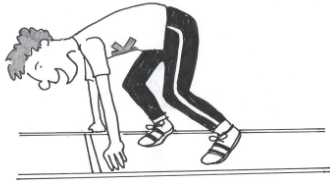
3) Colour in the lesson that you enjoyed the most.

4) Underline the skill that you have enjoyed the least.

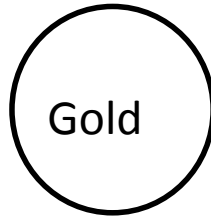


Imagine that the Olympics have come to your school today and YOU are the judge!  
Who would you award the medals to and why?

### Skill: Sprint Starts



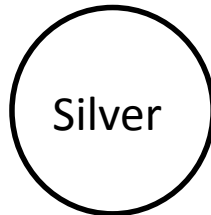
# GO!



**Gold Medallist**.....

Reason:

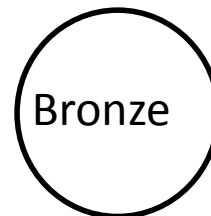
.....  
.....  
.....



**Silver Medallist**.....

Reason.....

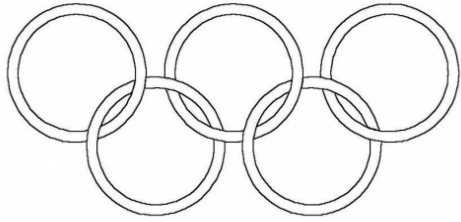
.....  
.....  
.....



**Bronze Medallist**.....

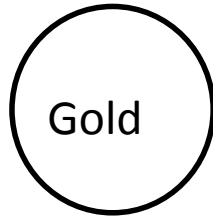
Reason.....

.....  
.....  
.....



Imagine that the Olympics have come to your school today and YOU are the judge!  
Who would you award the medals to and why?

**Skill:** Relay races



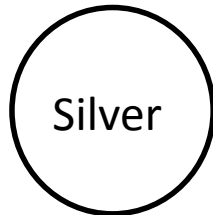
**Gold Medallist team**

.....

Reason:

.....

.....



**Silver Medallist team** .....

.....

Reason.....

.....

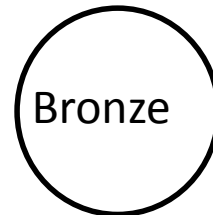
...

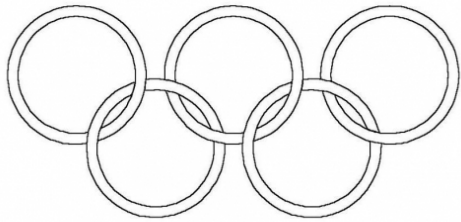
**Bronze Medallist team**

.....

Reason.....

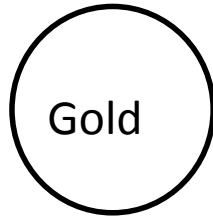
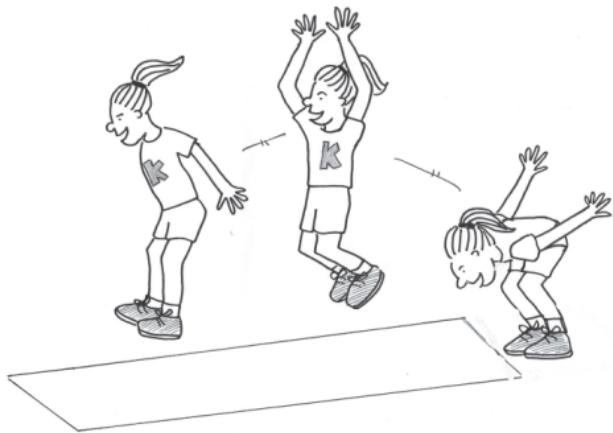
.....





Imagine that the Olympics have come to your school today and YOU are the judge!  
Who would you award the medals to and why?

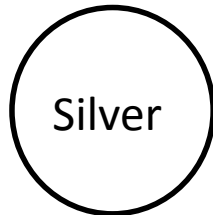
### Skill: Long Jump



**Gold Medallist**.....

Reason:

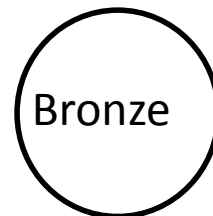
.....  
.....  
.....



**Silver Medallist**.....

Reason.....

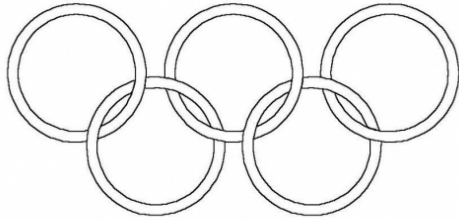
.....  
.....  
.....



**Bronze Medallist**.....

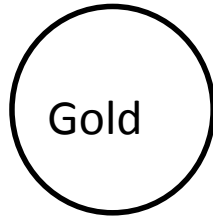
Reason.....

.....  
.....



Imagine that the Olympics have come to your school today and YOU are the judge!  
Who would you award the medals to and why?

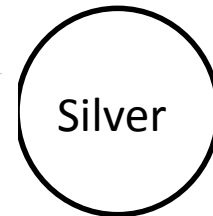
**Skill:** Triple jump



**Gold Medallist**.....

Reason:

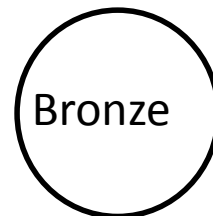
.....  
.....  
.....



**Silver Medallist**.....

Reason.....

.....  
.....  
.....

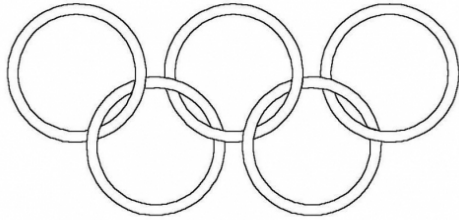


**Bronze Medallist**.....

Reason.....

.....  
.....  
.....





Imagine that the Olympics have come to your school today and YOU are the judge!  
Who would you award the medals to and why?

**Skill: Javelin**



Gold

**Gold Medallist**.....

Reason:

.....  
.....  
.....  
.....

Silver

**Silver Medallist**.....

Reason.....

.....  
.....  
.....

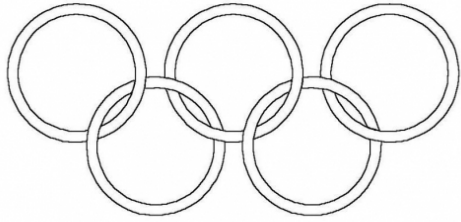
Bronze

**Bronze Medallist**.....

Reason.....

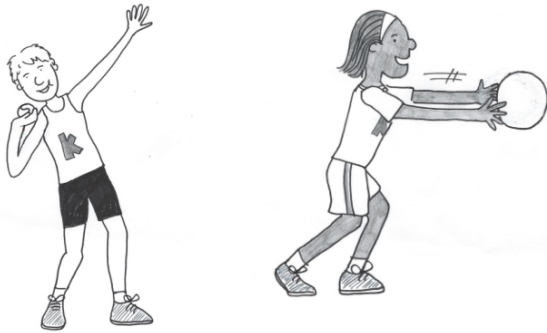
.....  
.....

.....

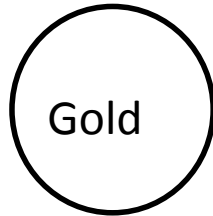


Imagine that the Olympics have come to your school today and YOU are the judge!  
Who would you award the medals to and why?

### Skill: Throwing balls



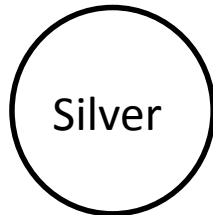
Tennis ball and chest push



**Gold Medallist**.....

Reason:

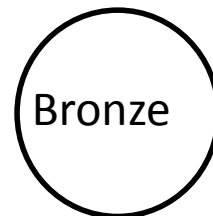
.....  
.....  
.....



**Silver Medallist**.....

Reason.....

.....  
.....  
.....

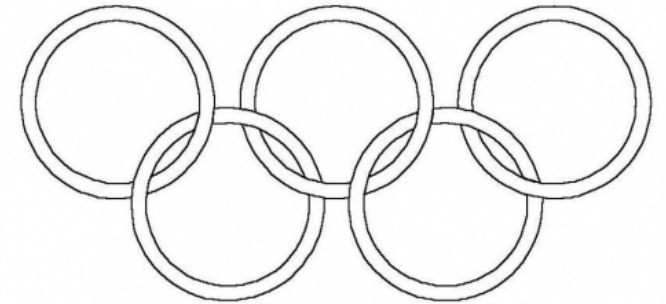


**Bronze Medallist**.....

Reason.....

.....  
.....  
.....





We are delighted that

.....  
has taken part in all of the Sports lessons this year with confidence and enthusiasm and has made particular progress in

.....  
**Well done on your Olympian efforts!**

.....  
your Kick Coach